

STEP 3: Take Your Actions --**Put Your Plan Into Action**

Now that you have a plan, decide what specific tasks you will do to get results. If you needed, who can help? What can you do to establish relationships with those who could be potential helpers? When will you do these things?

My Goals:

1. _____
2. _____
3. _____

Steps I Will Take:**Due Date:**

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |
| 6. _____ | _____ |

People I Can Ask to Help Me:**Contact Information:**

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |